



# Make Your Prescription Drug Plan Work for You!



## Value Based Insurance Design (V-BID)

V-BID aims to increase health care quality and decrease costs by promoting cost efficient health care services and consumer choices.

The following V-BID \$0 co-pay options are available with your Prescription Drug Card to help you stay adherent on your medication if you suffer from conditions such as high cholesterol, diabetes, allergies, and gastroesophageal reflux disease.

### Generic statins for high cholesterol

If you are taking **Crestor**, **Vytorin**, **Zetia**, **Advicor**, **Simcor**, **Altoprev**, **Lescor**, **Pravigard**, or **Livalo**, ask your physician if you can try one of the generic statins listed here: atorvastatin, lovastatin, pravastatin, and simvastatin.

### **NEW!** Generic high blood pressure anti-hypertensives

for the control of such as generic ACE Inhibitors and generic ARBs. (All generic ACE Inhibitor names end in "pril" such as lisinopril). Generic ARB examples include irbesartan, losartan potassium, losartan potassium/hctz, etc.

### Generic, oral anti-diabetic medication

including metformin; sulfonylureas such as glyburide, glipizide, glimepiride, gliquidone, tolbutamide, chlorpropamide, and tolazamide; and, thiazolidinediones such as pioglitazone

### OTC\* non-sedating allergy antihistamines

such as Allegra / Allegra-D, fexofenadine; Claritin / Claritin-D, loratadine; Zyrtec / Zyrtec-D, cetirizine; Alavert. You must obtain a prescription from your doctor for an OTC and present with your Prescription Drug Card for \$0 co-pay.

### OTC\* PPIs\*\* for frequent heartburn, ulcers or gastroesophageal reflux disease.

This includes OTC PPIs such as Prilosec OTC, Prevacid24HR, Zegerid OTC, and Omeprazole OTC (sold under various store brands). You must obtain a prescription from your doctor for an OTC and present with your Prescription Drug Card for \$0 co-pay.

## Preventive Drug Coverage \$0 Co-Pay

The Affordable Care Act provides the following preventive medications for \$0 copay. A prescription from your doctor is required for all medications:

**Aspirin** for persons over age 45, generic only

**Iron Supplements** children age 6 – 12 months only, OTC and Rx

**Fluoride** children under age 6 only, Rx only

**Folic Acid** women under age 55, OTC and generic only

**Smoking Cessation** includes Chantix, generic Zyban (bupropion), and over-the-counter lozenges, gum, and patches. Limit 2 sessions or 180 day supply in one year. Note: nasal sprays and E-cigarettes are not covered

**Contraceptive Coverage** women only, Rx or OTC. Includes oral meds, patches, vaginal rings, injectables, diaphragms, and cervical caps as well as over-the-counter products such as female condoms, spermicides and emergency contraceptives

**Vitamin D** persons over age 65. Restrictions apply.

\* OTC – Over the Counter

\*\* PPIs – Proton Pump Inhibitors